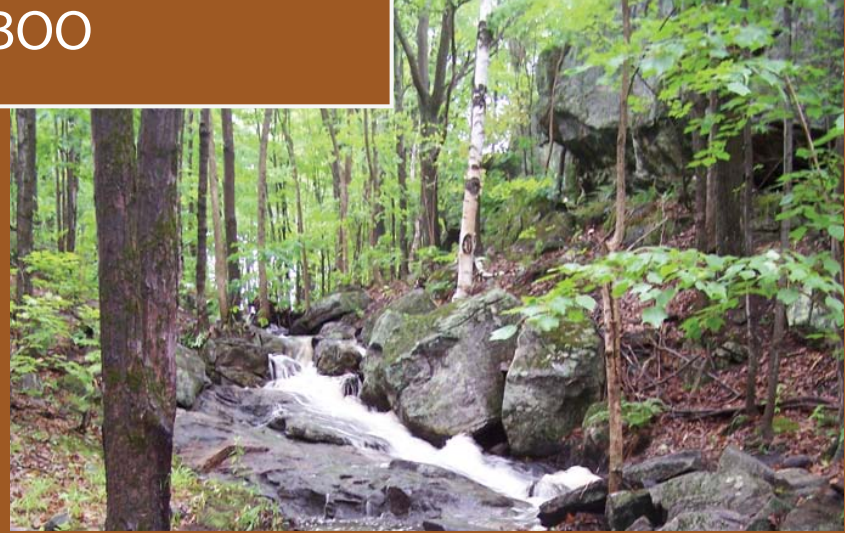


RECREATION IS TABOO



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RECREATION

GROUP RECREATION ACTIVITIES

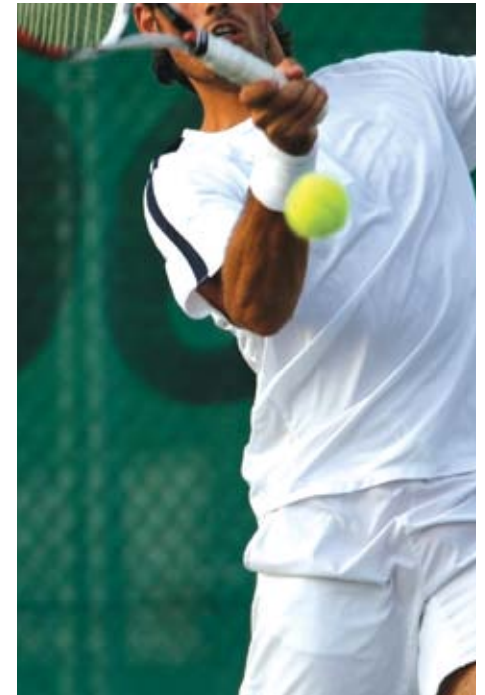
Taboo Resort Golf and Spa offers many opportunities for a group to relax while on business or pleasure. Get outside and get your delegates moving and motivated! Our Recreation Department can provide many special activities that your attendees are sure to enjoy as well as communicating your needs to one of our respective providers.

FREE TIME LEISURE ACTIVITIES

Whether your delegate can squeeze in some "time for self" between sessions, or you have wisely programmed in a few "free time" moments, there is always something for them to do.

The following activities are available and are no charge unless otherwise noted:

- Mountain Bike Riding
- Tennis
- Beach Volleyball
- Nature Walks
- Canoe, Kayak or Pedal Boat
- Swimming
- Fitness Room



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TEAM BUILDING

Led by our qualified Recreation Staff, Taboo Resort Golf & Spa offers a wide variety of group recreation and team building events for both business and leisure groups. Many of these events are designed to promote leadership, communication, and creative thinking, but above all else, these events are designed to be fun!

TEAM COMARADERIE

Larger than Life – Think BIG! Enjoy your favorite childhood games all grown up with Giant Jenga, Life-size Hangman and Mammoth Marble run. Not to mention our Colossal Puzzle that puts your groups communication skills to the test.

Build - A - Boat – Through a series of mental, physical & creative challenges you will earn material to build a boat. Engineer the best boat possible & test your creation in a boat race!

Scavenger Hunt – A fun way to get to know the resort and your co-workers. Work your way around the resort with clues that lead you to your final destination.

Photo Snap – A creative interpretation through pictures. With the use of disposable cameras, participants will interpret a series of fun phrases into photographs. Challenge the creativeness & resourcefulness of your team!

Nintendo Wii System – Enjoy activities at a sports resort, start a rockband & other exciting games for the Nintendo Wii. Perfect for evening entertainment or simply during freetime throughout your stay.

Evening Campfire – There is no better way to unwind after a busy day of meetings than a classic Muskoka Bonfire overlooking Lake Muskoka. S'Mores are included with campfire.

Contact your Conference Planner representative for additional information on minimum and maximum number of participants as well as duration and cost. Information in this document is subject to change without notice, availability and seasonality of program.

Health & Wellness Seminar - With today's growing focus on healthy lifestyles, invests an hour learning ways to stay healthy while at work or on the road.

Crime Scene GPS Challenge– Does your team of investigators have what it takes to track down the most notorious criminal at Taboo? Test your skills as you follow a trail of evidence. Together teams evaluate information & determine key aspects of a murder case

GPS Orienteering – Team or individual activity using hand held GPS units. Navigate through the Parklands to find hidden stations.

Ultimate Challenge – Test your limits through various mental and physical challenges. Teams are sent off to answer trivia questions and brainteasers located around the Resort property. The Ultimate Challenge combines teamwork, fun and laughter all into one event!

Mystery ME – A great interactive activity for groups getting to know each other. Individuals are given various hobbies and interests associated with a colleague. They must figure out which colleague(s) they have through questions and conversation with each other.

Yoga & Relaxation Breaks – Between meetings take a moment to focus on your personal well being & regain focus. This program allows you to relax & unwind both physically and mentally.

Astronomy - Take an intimate look at the night sky through a high powered telescope also enjoy a live indoor feed of the northern sky and explanation with one of Muskoka's most popular astronomers. Spend an enlightning evening with the stars.



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TEAM BUILDING

TEAM COMARADERIE

Murder Mystery – Mystery dinners can provide the perfect opportunity to allow colleagues to mix and mingle under glee inducing circumstances.

Summit Training – Summit Training is a results-oriented training firm that offers groups unique and insightful experiences that produce tangible results.

Casino Night – This event will include the sights and sounds of popular gaming destinations without leaving the resort. All tables will be staffed by professional Casino dealers. Place your bets!

Mysterion the Mind Reader - Canada's most recognized psychological entertainer has been blowing minds for years and is ready to take your event to the next level. Marvel at impossible predictions, have secret thoughts revealed, witness spoons bending and thoughts transferred by way of telepathy. An interactive program that will leave you laughing and mystified!

GUIDED ACTIVITIES

Nature Walk – Prepare to be impressed while walking through our established trails designed to highlight the Canadian Shield & natural vegetation native to the Muskoka region.

Canoe Trip – An enjoyable paddle on the nearby Hoc Roc River. This river system highlights the most beautiful and elegant features of Ontario waterscapes.

Mountain Bike Ride – Join one of our Recreation team members for some guided fun along our trail system.

Contact your Conference Planner representative for additional information on minimum and maximum number of participants as well as duration and cost. Information in this document is subject to change without notice, availability and seasonality of program.

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TEAM BUILDING

Taboo Resort Golf & Spa have partnered with the following suppliers as an alternative group recreation idea. Our Conference Planner will communicate and arrange your needs.

WATER ADVENTURES

Taboo Waterfront – Enjoy Kayaking, canoeing, and pedal boats at your leisure.

Captain Action Fishing Charters – Captain Mike specializes in spinning, baitcasting and flyfishing. Whatever species you choose to pursue, his proven locations and techniques will ensure a productive and enjoyable fishing experience.

Muskoka Steamships - Discover Muskoka with a private breath taking cruise with a full service sunset dinner, aboard the R.M.S, Segwun, North America's oldest operating steamship, or the Wenonah II.

Toy Rentals Canada – Enjoy a wide variety of motorized water sports, guided tours, chartered fishing trips, waterskiing lessons directly at Taboo's waterfront!

CULINARY CREATIONS

Wine Tasting – Listen to our world-class Sommelier as he presents 4 to 6 wines and learn about the wine producer, region, type of grape, type of wine and the year.

Scotch or Cognac Tasting – Spend a spirited evening sampling some of the world's most sophisticated blends while learning about the Heart of the Cognac Region and the distilling and aging process.

Thirst for Knowledge – Join the Professor of Beer in a beer tasting class. Experience a sensory delight which includes principles of beer and food matching, using beer as an ingredient in cooking and the concepts of tasting beer, as well as tasting six beer styles.

ADVENTURE SEEKERS

ERA Hummer Tours – Venture off-road and enjoy the scenery of Muskoka as you explore the back country. Test out the Hummer's capabilities on steep hills and rough terrain while on tour.

Eaglecrest Aerial Park – With a wide range of group, orienteering and outdoor programs, they can create a specialized program to meet your corporate training needs.

Back Country Paintball – An outdoor facility that boasts over 16 acres of Muskoka landscape that provides a variety of paintball matches and constant action and caters to players of all abilities and genders.

Bear Claw ATV Tours – Join the adventure and thrill of an arranged guided tour across the great Canadian Shield!

Rock Buggies - Take a ride on the wild side as you drive this rock crawler through rugged Muskoka terrain. This up and coming adventure originated in drier climates but is making a big impact as it makes a long overdue move up north.



TEAM BUILDING

KEEPING IT COOL

Snowshoe Trek

Join one of our knowledgeable Recreation staff members on a snowshoe trek through our spectacular trail systems.

Snow Hike

Join one of our knowledgeable Recreation staff members on a nature winter wonderland hike through our one of kind trail systems.

Winter Muskoka Campfire

Enjoy a classic Muskoka Campfire overlooking the beautiful winter Lake Muskoka. S'Mores are included with campfire.

Dog Sledding

Experience the exhilaration of Dog sledding in Muskoka!

Ice Rink Rental

There is nothing more Canadian in the winter than a friendly game of hockey or a leisurely turn around the skating rink. The Parklands and Recreation team can arrange private ice time for your delegates at the Gravenhurst Hockey Arena.

Snowshoe under the Stars

Use your senses on this guided evening tour for an unforgettable experience. As you move through the trails your guide will stop for a fascinating interpretation of the night sky.

Ball Hockey

Step outside to enjoy an afternoon with Canada's favorite pastime!

Ice Fusing

This fascinating team-building exercise challenges teams to push the limits of a block of ice, testing its dimensions to produce a striking, recognizable image. Teams are given a short course in fusing techniques and are provided with the appropriate tools. It's action, all the way.

Horse Drawn Sleigh Rides

Muskoka in the winter is majestic! What better way to experience winters natural beauty than by Horse-drawn sleigh.

Snowmobiling

Venture out this winter by snowmobile and explore the beauty and excitement of the outdoors this winter.

